

## What to Bring

**REFERENCE:** *Boy Scout Handbook*, chapter 9, Camping

Overnight gear, outdoor essentials, and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home.

### PERSONAL OVERNIGHT CAMPING GEAR

- Boy Scout Handbook*
- OUTDOOR ESSENTIALS**
  - Pocketknife
  - First-aid kit
  - Extra clothing
  - Rain gear
  - Water bottle filled with potable water
  - Flashlight
  - Matches and fire starters
  - Sun protection
  - Map and compass
- Clothing for the season (warm-weather or cold-weather)
- Backpack
- Rain cover for backpack
- Sleeping bag, or two or three blankets
- Sleeping pad
- Ground cloth
- EATING KIT**
  - Spoon
  - Plate
  - Bowl
  - Cup
- CLEANUP KIT**
  - Soap
  - Toothbrush
  - Toothpaste
  - Dental floss
  - Comb
  - Washcloth
  - Towel
- PERSONAL EXTRAS (OPTIONAL)**
  - Watch
  - Camera and film
  - Notebook or paper
  - Pencil or pen
  - Sunglasses
  - Small musical instrument
  - Swimsuit
  - Gloves

Bring a BSA Health and Medical Record (Part A & B for all Scouting events) available at [www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx](http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx)

Let the course director know if you need any special accommodations and/or if you have any dietary restrictions.

Participants typically wear their Scout field uniform or activity uniform (Scout t-shirt). If you don't have a uniform, wear comfortable clothes (e.g., jeans)

**PATROL OR GROUP OVERNIGHT CAMPING GEAR**

The following items can be borrowed from your troop gear box or other leaders:

- Two-person backpacking tent with poles, stakes, ground cloths, and lines
- Dining fly
- Nylon cord, 50 feet
- CLEANUP KIT**
  - Sponge or dishcloth
  - Biodegradable soap
  - Sanitizing rinse agent (bleach)
  - Scouring pads (no-soap type)
  - Plastic trash bags
  - Toilet paper in plastic bag
- REPAIR KIT**
  - Thread
  - Needles
  - Safety pins
- GROUP EXTRAS (OPTIONAL)**
  - Hot-pot tongs
  - Camp shovel
  - Water container, one 1-gallon or two ½-gallon collapsible, plastic
  - Washbasin
  - Grill
  - Pot rods
  - Patrol flag
  - Small U.S. flag
  - Sheathed ax
  - Camp saw